



## Community Health Assessment Action Plan

<b>Community Health Concern (Goal):</b> Reduce Rate of Alcohol/substance Abuse/Decrease rate of Smoking					
Objective (Activities)	Activity Lead	Timeline	Partners	Resources Needed	Measure of Success
<p>Participate in the <b>Moab Community Action Coalition (MCAC)</b>, a coalition of organizations and individuals dedicated to strengthening our community by decreasing risk factors and increasing protective factors to ensure healthy lives and a healthy community. Using the <a href="#">Strategic Prevention Framework model</a>, MCAC addresses locally determined risk and protective factors and works to promote and achieve changes in substance abuse and other social problem behaviors in our community. Participation provides support to MCAC programs and campaigns through additional marketing, volunteer time, and assistance in writing grants for new programs.</p> <p>Current Programs:</p> <ul style="list-style-type: none"> <li>• Parents Empowered</li> <li>• Strengthening Families</li> </ul>	Jen Sadoff	Monthly-plus committee work	<ul style="list-style-type: none"> <li>•Beacon After School Program</li> <li>Grand County Sheriffs Dept.</li> <li>•Teen Center</li> <li>•Grand Area Mentoring</li> <li>•Moab Free Health Clinic</li> <li>•Moab Valley Multicultural Center</li> <li>•Tobacco Prevention</li> <li>•Youth Garden Project</li> <li>•Four Corners Community Behavioral Health Center</li> <li>•Utah Division of Substance Abuse and Mental Health</li> <li>•Substance Abuse &amp; Mental Health Services Administration</li> <li>•Grand County Public Library</li> </ul>	4 hours per month	<p>Primary measure is the SHARP survey, measures the need for prevention services among youth in the areas of substance abuse, delinquency, antisocial behavior, and violence.</p> <p>The questions on the survey ask youth about the factors that place them at risk for substance use and other problem behaviors along with the factors that offer them protection from problem behaviors. The survey also inquires about the use of alcohol, tobacco, and other drugs (ATODs) and participation in various antisocial behaviors.</p>

<b>Community Health Concern (Goal):</b> Increase Health Education on Wellness and Prevention. Increase Awareness of Local Healthcare availability. Increase Access to Care.					
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Educational Events that Correspond with Health Focused months. Topics will focus on concerns identified in the community needs assessment: Cancer Prevention, Access and Navigation of Care, Health and Wellness, Mental Health	Jen	Monthly	Community agencies as appropriate	10 hours monthly \$250 monthly	Attendance of Events Event Surveys

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Mammogram Discount Voucher during October and coordinated campaign.	Jimmy Jen Cindy	October	Free Health Clinic SE Utah Health Department		Increase number of mammograms

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Health Fair and Low Cost Blood Draw	Jen Jack	January and February	Free Health Clinic SE Utah Health Department	\$1200- advertising Plus expense of low cost blood draw?	Attendance Event Survey