PRESS RELEASE – REVISED MARCH 6, 2020

THINK YOU HAVE CORONAVIRUS? CALL FIRST!

Moab Regional Hospital prepares for coronavirus outbreak and has policies and procedures in place to keep healthcare providers and our community safe.

MOAB, UTAH – Moab Regional Hospital works closely with the Utah Department of Health and the Centers for Disease Control (CDC), who are actively monitoring the novel coronavirus (COVID-19) outbreak.

Even though this is a worrisome public health situation, the immediate health risk is still low and no cases have yet been confirmed in Utah*. Moab Regional Hospital has prepared for global viral outbreaks in the past and has policies and procedures in place to keep healthcare providers and our community safe.

If you are experiencing flu-like symptoms (fever, cough, chills, body aches), please consider the following:

1. If you are experiencing flu-like symptoms (fever, cough, chills, body aches) and have **NOT** traveled to Iran, Italy, Japan, South Korea, or China, **please go to Urgent Care at Moab Regional Hospital**. **Upon arrival, please immediately put on a face mask to avoid infecting other patients and staff**. Urgent Care is open Monday – Saturday, 1pm-8pm and Sunday, 1pm-5pm.

2. If you are experiencing flu-like symptoms (fever, cough, shortness of breath) **AND** have recently traveled from Iran, Italy, Japan, South Korea, or China, **OR** have been in contact with a person known to have COVID-19:

   - If your symptoms are mild to moderate, **please call the coronavirus hotline at Moab Regional Hospital, 435-719-3998**. The hotline is available 24/7.

   - If you are experiencing severe symptoms (i.e. difficulty breathing), please go to the Emergency Department (ED) at Moab Regional Hospital. Before arriving, **please call the hospital at 435-719-3500 and ask to speak to an ED Nurse about coronavirus concerns**.

Of concern to all healthcare facilities at this time is the availability of medical supplies due to supply chain disruption. Moab Regional Hospital is monitoring and conserving supplies in response to this disruption, so that they are able to continue to deliver quality, cost-effective healthcare to the community. Please assist them in this effort by using hospital-supplied masks **ONLY** if you have flu-like symptoms (i.e. cough).

Each of us can help prevent the spread of diseases like the flu and COVID-19 by doing the following:

- Get a flu shot.
- Avoid close contact with people who are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Avoid touching your eyes, nose, and mouth.
- Clean and disinfect frequently touched objects and surfaces.
- Stay home when you are sick, except to get medical care.
- Wash your hands often with soap and water for at least 20 seconds.

Moab Regional Hospital is committed to the health of our community and will continue to monitor and implement all protocols recommended by the Utah Department of Health and the CDC in response to the novel coronavirus (COVID- 19) outbreak. For up-to-date information about current protocols and recommendations, please follow Moab Regional Hospital's Facebook page.

For more information on the coronavirus outbreak, go to www.health.utah.gov or www.cdc.gov.

According to the Utah Department of Health, only cases diagnosed in Utah will be counted as Utah cases. There are currently no cases spreading in Utah.

Questions? Contact Christy Calvin at Moab Regional Hospital, 435.719.3683 or christyc@mrhmoab.org.